



Diwya vatsalya Mamta
Fertility Centre

Our Service

- period jaldi kaise laye
- periods jaldi lane ke upay
- period lane ke upay
- period jaldi kaise laye

About Our Business:

To induce early periods, consult a doctor before using medications like Primoult N, which can bring periods on time but may have side effects such as weight changes and migraines. For natural remedies, consider consuming raw papaya, applying hot water to the lower abdomen, or drinking carom seed tea. Other options include ginger, coriander seed tea, fennel water, pomegranate juice, and vitamin C. Incorporate myrobalan seeds, sesame seeds, carrots, jaggery, dates, and eggs into your diet as well.

To bring on periods early, consult a doctor before using medications like Primoult N, which can be effective but may cause side effects such as weight changes and headaches. For natural remedies, try eating raw papaya, applying hot water to your lower abdomen, or drinking carom seed tea. Other options include ginger, coriander seed tea, fennel water, and pomegranate juice. Additionally, consuming vitamin C, myrobalan seeds, sesame seeds, carrots, jaggery, dates, and eggs may help.

About Our Business:

To induce early periods, it's important to consult a doctor before taking medications like Primoult N, which may have side effects such as weight fluctuations and migraines. For natural alternatives, you can try remedies like eating raw papaya, applying hot water to your lower abdomen, or drinking carom seed tea. Ginger, coriander seed tea, fennel water, and pomegranate juice are also beneficial.

Additionally, consuming vitamin C, myrobalan seeds, sesame seeds, carrots, jaggery, dates, and eggs may help regulate your cycle.



पीरियड्स

जल्दी लाने के उपाय



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